

GOVERNMENT COLLEGE, KOTTAYAM

5 KERALA NAVAL NCC SUB-UNIT

Activity Report- 2021-22

WORLD ENVIRONMENT DAY, 2021

ANTI-PLASTIC WASTE DRIVE (05 JUNE 2021)

World environment day 2021 is being celebrated globally with the theme 'Ecosystem Restoration' Ecosystem restoration means assisting in the recovery of ecosystem that have destroyed, as well as conserving the ecosystem that are still intact. Reducing the impact of possible threats to ecosystem is also important. As we all know, Plastic wastes are one of the major known threats to the ecosystem and it's sooth functioning. This environment day, NCC Naval wing of Govt. College Kottayam has initiated an anti-plastic waste drive based on the theme Reusing Plastic to Restore Greenery. Cadets, non cadets and other fellow citizens were encouraged to take part and the event was a success with their participation.

ANCIENT TREES: PORTRAIT OF TIME

ARTICLE PRESENTATION (06 JUNE 2021)

Many old trees have witnessed all the evolutionary changes occurred to mankind. Their existence reminds mankind his insignificance in the nature. They give lessons of survival and existence to every human through their life.

In account to the world environment day celebrations, NCC NAVAL SUB UNIT of GOVERNMENT COLLEGE KOTTAYAM is presenting an article on these living legends, the Oldest known trees and their portraits under the title 'Ancient Trees: Portraits of Time' as a token to remind our responsibility on protecting nature and trees because we need them to survive. The article was published on the official instagram page of GCK Naval Sub Unit.

#save nature

#plant trees

BLOOD DONORS' DAY, 2021 : BE A DONOR (16 JUNE 2021)

“Even a single pint can save three lives, a single gesture can create a million smiles” NCC Naval Sub unit of Govt. College Kottayam has always encouraged participation of cadets in blood donation and many of our cadets are active blood donors. This Blood Donor's Day we conducted a campaign 'Be a Donor' to encourage the common people to register officially as blood donors. About 20 registrations have been reported in the first day of the campaign.

#Pol-App

#KeralaBloodBank.com

#blooddonors.gov.in

INTERNATIONAL YOGA DAY, 2021 : VIDEO PRESENTATION

(21 JUNE 2021)

“YOGA is a light which, once lit, never dim”

Narendra Modi urged the United Nations to celebrate JUNE 21 as International Yoga Day, first held at Rajpath, New Delhi. People observe this day with demonstrations of yoga and meditation worldwide. The theme of IDY 2021 is "Yoga for Wellness". In light of this theme, the NCC Naval Subunit of Govt. College Kottayam is presenting a video to educate the viewers on the health benefits of yoga. Demonstrations of Yoga postures are done by Cadets and family members at home.

INHALE THE FUTURE, EXHALE THE PAST: ARTICLE

PRESENTATION (21 JUNE 2021)

Yoga is the body’s rhythm, the mind’s melody, and the harmony of the soul creates the symphony of life. Yoga is all about creating a balance in your life. It is about balancing your body, soul, and mind to live healthy and in peace. Being part of International Yoga Day NC2 Diya Saif K.T representing NCC Naval Sub Unit Govt. College Kottayam published an article titled ‘Inhale The Future And Exhale The Past’ on the official Instagram page of GCK Naval Sub Unit.

“MAGICIANS WITH STETHOSCOPE”

The pandemic has once again reminded us about the contributions and sacrifices made by doctors and healthcare workers around the globe.

In connection with National Doctor's day GCK naval sub unit presented an article named " *Magicians With Stethoscope*". To show the effort of doctors and healthcare workers who have been serving the people by risking their lives NCC NAVAL SUB UNIT GOV COLLEGE KOTTAYAM, the article was published on the official Instagram page of GCK naval sub unit.

1971 WAR SWARNIM JAYANTI CELEBRATIONS (19/07/2021-26/07/2021) : "THE SERENITY"

As a part of the jubilee celebrations of 1971 War, NCC NAVAL SUBUNIT Of GOVT COLLEGE KOTTAYAM has conducted intercollegiate poster making and poem writing competitions under the title *THE SERENITY* Students from various colleges in kerala have participated in the competition. The result of the competition was announced in the webinar conducted on July 26 Monday at 4 PM. 1 month recharge was rewarded to the first prize winners in both categories and E Certificate was provided for the 2nd and 3rd place winners. The entries were collected from 19/07/21 to 25/07/21 via WhatsApp .The entries were posted in the official Instagram page of GCK Naval subunit.

POSTER WRITING COMPETITION

Topic: 'VICTORY OF INDIA IN 1971 WAR'.

There were 23 entries.

Winners::

1. Asmitha A.S (SN College Kumarakom)

2. Karthik Madhusoodhanan (KMM College Thrikkakara)
3. Aswathy S Nair (Govt College Kottayam)
4. Silpa T S (St Xavier's Vaikom)

POEM WRITING COMPETITION

Topic: 'WAR HEROES'. There were about 15 entries.

Winners::

1. Anjana Unnikrishnan (Sree Sankaracharya University of Sanskrit, Kalady)
2. Diya Saif K T(Govt College Kottayam)
3. Ramsiya (Majlis Arts and Science College Malappuram)

KARGIL VIJAY DIWAS : (26/07/2021

July 26 is a reminder of the glorious victory that will captivate any Indian. This day in 1999 India won the Kargil War against Pakistan. Kargil diwas is a tribute to its War Heroes.

On this ***'KARGIL VIJAY DIWAS'* NCC NAVAL SUBUNIT GOVT COLLEGE KOTTAYAM** conducted a webinar via google meet. Naval cadets of Govt. College Kottayam presented a documentary on 1999 Kargil War saluting the brave heroes. The meeting was commenced at 4:00 pm with the welcome address delivered by NC2 Amalu Anilkumar. After the 4 minute long documentary presentation by the naval cadets POC Sanisha V.P felicitated the function and announced the results of competition 'The SERENITY' conducted in accordance with the 1971 war Swarnim Jayanti Celebrations.

Naval Cadets of Govt. College Kottayam and competitors from various colleges in Kerala attended the meeting. The meeting was officially ended by 4:30 pm with Vote of Thanks by NC2 YadhuKrishnan Jaikumar

RASHTRAGAAN (11/08/2021)

India is celebrating 75th independence day. As a part of honouring our National Anthem, ncc cadets of GOVT. COLLEGE KOTTAYAM has uploaded the singing video of national anthem in the official site of rashtragaan(rashtragaan.in), an initiative by the ministry of culture to mark AZADI KA AMRIT MAHOTSAV. 25 naval cadets of govt. college kottayam has participated and received the certificate provided.

AZADI QUIZ COMPETITION (14-08/2021-15/08/2021)

As the part of 75th Independence Day celebrations, ***NCC NAVAL SUBUNIT Of GOVT COLLEGE KOTTAYAM*** had conducted an intercollegiate quiz competition **'Azadi'** from 14/08/21 to 15/08/21 via google form. The initiative was a success with a participation of 220 individuals and E-certificates were provided for all the participants.

FIT INDIA RUN 2.0 (20/08/2021-24/08/2021)

FIT INDIA Movement was launched on 29th August, 2019 by Hon'ble Prime Minister with a view to make fitness an integral part of our daily lives. The mission of the Movement is to bring about behavioural

changes and move towards a more physically active lifestyle. The aim of this mission is to spread awareness on fitness and various physical activities that promote fitness through focused campaigns. To make fitness reach every school, college/university, panchayat/village, etc.

In connection with " *FIT INDIA FREEDOM RUN 2.0*" NAVAL Cadets of GOVT COLLEGE KOTTAYAM has participated in this mission. From 20th August to 24th August 2021 19 cadets has run about an average of 2km per day. We covered 187Km in 5 days.

'Fitness is not a destination it is a way of life'

FIT INDIA FREEDOM RUN 2.0 (Second Week)

FIT INDIA FREEDOM RUN 2.0 was launched on 29th August, 2019 by Hon'ble Prime Minister with a view to make fitness an integral part of our daily lives. The mission of the Movement is to bring behavioural changes and move towards a more physically active lifestyle.

In connection with " *FIT INDIA FREEDOM RUN 2.0*" NAVAL Cadets of GOVT COLLEGE KOTTAYAM had completed second week in this mission. From 25th August to 31st August 2021 our cadets has run about an average of 2km per day. We covered 135Km in 7 days.*

TEACHERS DAY (SEPTEMBER 5)

“DEAR TEACHER Letter Writing Competition

(05/09/2021 - 09/09/2021)

As the part of Teachers' Day, NCC Naval Subunit of Government college Kottayam had conducted a letter writing competition(English) “DEAR TEACHER”. The initiation was a success with a participants of 16 individuals.

The result of competition was announced by Smt. Lakshmi P. S, former assistant professor of English Department, Government College Kottayam. E-Certificate was provided for the winners. The entries were collected from *05/09/2021* to *09/09/2021* via WhatsApp. Prize winning letters were posted in the official Instagram page of GCK NAVAL SUBUNIT.

WINNERS

First Prize : NC1 Juval James (Govt. College Kottayam)

Second Prize : Indrakrishna. E V (B C Academy Thrissur)

Third Prize :1. NC1 Sathisha. V P (Govt. College Kottayam)

2. LC Mariya Antony(Govt. College Kottayam)

FIT INDIA FREEDOM RUN 2.0 (Third Week) 08/09/2021-15/09/2021)

“I’ll be happy if running and I can grow old together.” – *Haruki Murakami*

In accordance with " *FIT INDIA FREEDOM RUN 2.0*" NAVAL Cadets of GOVT COLLEGE KOTTAYAM had completed third week in

this mission. From 8th September to 15th September 2021 our cadets has run about an average of 2km per day. We covered 97.68Km in 7 days.

[FIT INDIA FREEDOM RUN 2.0 \(Fourth week\) \(15/09/2021
22/09/2021\)](#)

“Time is passing: not leaden stepping
But sprinting on winged feet,
Quicksilver slipping.”

Richard L. Ratliff

In accordance with " *FIT INDIA FREEDOM RUN 2.0*" NAVAL Cadets of GOVT COLLEGE KOTTAYAM had completed fourth week in this mission. From 15th September to 22nd September 2021 our cadets has run about an average of 2km per day. We covered 149Km in 7 days.

[WORLD OZONE DAY: AWARENESS SURVEY \(16/09/2021\)](#)

World Ozone Day is observed on September 16 every year to spread awareness among people about the depletion of Ozone Layer and find possible solutions to preserve it. In connection with Ozone day *NCC NAVAL SUBUNIT OF GOVERNMENT COLLEGE KOTTAYAM* conducted a three days survey from September 16 to September 18 via google form that contained questions to know how much the public are aware of the contributions of households in ozone depletion. An awareness video on ozone depleting substances contributed from households and impacts of ozone depletion was provided to the public before the survey. Video and survey link were circulated through the

official Instagram platform of gck naval subunit and using various other social media platforms. From the survey details we reached to a summary by analysing the data.

INTERNATIONAL DAY OF PEACE (21/09/2021)

“AMITY” :CAPTION CONTEST

The International Day of Peace is observed around the world on 21 September. The UN General Assembly has declared this as a day devoted to strengthening the ideals of peace, through observing 24 hours of non-violence and cease-fire. The theme 2021's International Day of Peace is “Recovering better for an equitable and sustainable world”.

In accordance with this day, *NCC NAVAL SUBUNIT OF GOVERNMENT COLLEGE KOTTAYAM* conducted a "Caption Writing Competition" named *"AMITY"* from 21/09/2021 to 23/09/2021. Students from various colleges had participated in the competition. E Certificate were provided for the winners.

Winners::

1. Nandana Raju (Govt. College Kottayam)
2. Anusree Sharu S (Govt College Kottayam)

FIT INDIA FREEDOM RUN 2.0 (Fifth Week) (22/09/2021-29/09/2021)

"Running is the greatest metaphor for life, because you get out of it what you put into it."— Oprah Winfrey

In accordance with " *FIT INDIA FREEDOM RUN 2.0*" NAVAL Cadets of GOVT COLLEGE KOTTAYAM had completed fifth week in this mission. From 22nd September to 29th September 2021 our cadets has run about an average of 2km per day. We covered 121.02 Km in 7 days.

LET'S RUN: MOTIVATIONAL VIDEO (24/09/2021)

In connection with *Fit India Run 2.0* *NCC NAVAL SUBUNIT OF GOVERNMENT COLLEGE KOTTAYAM* brought out a video presentation regarding running and its importance to motivate public to be a part of Fit India Freedom Run 2.0 activities. 21 cadets participated in the running presented in the video. The presentation ensures to inspire the public to inculcate running in their daily routine.

The video is published through the official instagram page of gcknavalsubunit and also been uploaded in the Fit India Freedom Run Official website. It is reached out to the public through various social media platforms.

FIT INDIA FREEDOM RUN 2.0 (Sixth week) (22/09/2021-29/09/2021)

"Running is the greatest metaphor for life, because you get out of it what you put into it."— Oprah Winfrey

In accordance with " *FIT INDIA FREEDOM RUN 2.0*" NAVAL Cadets of GOVT COLLEGE KOTTAYAM had completed sixth week in this mission. From 22nd September to 29th September 2021 our cadets

has run about an average of 2km per day. We covered 121.02 Km in 7 days.

SWACHATHA CAMPAIGN 2021(02/10/2021)

"The future depends on what you do today "

In connection with Gandhi jayanthi Celebrations NCC NAVAL SUB UNIT OF GOVT COLLEGE KOTTAYAM Initiated the program swachatha mission 2021. As a part of the programme, the cadets cleaned their houses and surroundings. All cadets actively participated in the Swachatha Mission 2021.

BUS STOP CLEANING (02/10/2021)

In account to Gandhi jayanthi celebrations, NCC NAVAL SUB UNIT of Government college Kottayam have initiated a swatchtha campaign and as a part of it, cadets cleaned a public bus stop at Nattakom.15 Cadets participated in the cleaning lead by Cadet Captain Fathima Bind Abdul Kadir. Activity was conducted strictly following Covid 19 guidelines.

COLLEGE CLEANING & SANITIZATION (03/10/2021)

As the part of the Swachtha campaign initiated by NCC NAVAL SUB UNIT GOVT. COLLEGE KOTYAYAM on Gandhi Jayanti, Naval Cadets cleaned and sanitized college campus and classrooms.

15 Cadets participated in the cleaning activity lead by Cadet Captain Fathima Bind Abdul Kadir. Activity was conducted strictly following Covid 19 guidelines.

WEBINAR TALK SERIES(11/10/2021)

On 11 October International Day of the girl child onwards NCC NAVAL SUBUNIT Of GOVERNMENT COLLEGE KOTTAYAM initiated a Webinar talk series on the topic Healthy relationships: cornerstone of a healthy life.About 40 students have participated in the interactive section. Sections were conducted through Google meet platform.

Programme Agenda

Host: NC1 Sathisha V P

Welcome : CC Fathima Bind Abdul Khadir

Presidential address : Dr.R.Pragash

Resource person: Sigy Antony

Felicitation: POC1 Kavya R Menon

FLOOD RELIEF COLLECTION CENTER (21/10/2021)

The collection campaign on 21/10/2021 (Thursday) from 9 am to 6 pm was held at Government College Kottayam under the leadership of the District Administration, NCC Navy Wing, Army Wing and NSS Unit of Government College Kottayam.

The cadets actively participated in the collection of relief items under the guidance of Cadet Captain Fathima Bind Abdul Kadir and POC Kavya R Menon. Necessary commodities like clothes,bed sheets, sanitary

napkins,baby diapers, Mask Sanitizers, toothbrush, paste,notebook, pencil, pen, soap etc from houses and shops in the locality were collected under following covid 19 protocol. Materials were sort out based on demands and were distributed to relief camps in various parts of the district. Fund collected by the cadets were also given for relief activities.

GCK FLOOD RELIEF COLLECTION CENTER(22/10/2021)

Day 2

The second day of collection campaign was held at Government College Kottayam from 9.00am to 6.00pm under the leadership of the District Administration, NCC Navy Wing, Army Wing and NSS Unit of the college.

The naval cadets actively participated in the collection of relief items under the guidance of Cadet captain Fathima Bind Abdul Kadir from the households and shops of the locality. Necessary commodities like clothes,bed sheets, sanitary napkins,baby diapers, Mask Sanitizers, toothbrush, paste,notebook, pencil, pen, soap etc were collected, strictly following covid 19 protocol. Materials were sort out based on demands and were distributed to relief camps in various parts of the district. fund collected by the cadets were also utilised for purchasing utensils for the families returning from the camps.

CAMPUS BEAUTIFICATION (26/10/2021)

CLEAN INDIA CAMPAIGN:

As part of CLEAN INDIA CAMPAIGN, the cadets of NCC NAVAL SUBUNIT, GOVT COLLEGE KOTTAYAM conducted a CAMPUS BEAUTIFICATION programme on 26/10/2021 at BUCHANANS INSTITUTE, PALLOM. 23 cadets actively participated in the programme lead by

Cadet Captain Fathima Bind Abdul Kadir. The programme was started by 10:00 am. Cadets cleaned the surroundings, cleared the bushes and planted ornamental plants. Also untrimmed plants were trimmed.

SCHOOL SANITIZATION AND CLEANING (26/10/2021)

CLEAN INDIA CAMPAIGN:

As part of clean India campaign, the cadets of NCC NAVAL SUBUNIT, GOVERNMENT COLLEGE KOTTAYAM conducted a cleaning campaign at BUCHANAN'S GIRLS HIGH SCHOOL, PALLOM on 26/10/2021. 23 cadets were actively participated in the campaign lead by Cadet Captain Fathima Bind Abdul Kadir. The programme was started at 10:00am with the addressing speech of principal Smt. Manju .We were divided into 5 small groups and each group initiated cleaning activities at different parts of the school. We successfully completed the campaign by cleaning computer lab, science lab, classrooms, gardens, library and digital classrooms.

PLOG RUN ACTIVITY (31/10/2021)

November 1,2021 is celebrated as "64th" anniversary of *Kerala Piravi* to commemorate the birth of Kerala as an independent State in the Republic of India from 1956.In connection with Kerala Piravi day *NCC NAVAL SUB UNIT GOVT COLLEGE KOTTYAM* conducted Plog Run-Kerala Piravi activity. In this event NCC cadets cleaned the college premises and the nearest town nattakom The event was ccoordinated under the leadership of Cadet Captain Fathima Bind Abdul kadir

PLOG RUN ACTIVITY 31/10/2021

November 1,2021 is celebrated as "64th" anniversary of Kerala Piravi to commemorate the birth of Kerala as an independent State in the Republic of India from 1956. In connection with Kerala Piravi day NCC NAVAL SUB UNIT GOVT COLLEGE KOTTYAM conducted Plog Run-cleaning activity. In this event NCC cadets cleaned the college premises and the nearest town Nattakom. 23 cadets participated in the event coordinated under the leadership of Cadet Captain Fathima Bind Abdul kadir. Activity was conducted strictly following Covid -19 guidelines.

INTEGRITY PLEDGE(02/11/2021)

"Even if a unity of faith is not possible, a unity of love is"

In accordance with Vigilence Awareness Week, ANO Sub. Lt Sanal Raj and the Naval Cadets of NCC NAVAL SUBUNIT OF GOVERNMENT COLLEGE KOTTAYAM had taken The Integrity

pledge on 02/11/2021. The pledge was taken against corruption and bribes, cadets pledge to follow probity and rule of law in all walks of life.

HAIR DONATION(15/11/2021)

Let's Side With Cancer Warriors : Hair donation

Today , people suffer from cancer without being treated.A wig can give self-confidence, strength, and hope to someone struggling with the emotional challenges of hair loss. On 15 November 2021 cadet of 5(K) NAVAL SUBUNIT GOVT COLLEGE KOTTAYAM NC1 Sathisha V P move a step forward for hair donation to Cancer patients.Hair cut and sended to Sargakshetra Cultural Centre ,Kurishumoodu throught courier.It's not how much we give but how much love we put into giving.

POSTER MAKING COMPETITION National integration (27/11/2021)

As a part of the communal harmony campaign week , NCC NAVAL SUBUNIT OF GOVT COLLEGE KOTTAYAM has conducted poster making competition about the topic National integration. Many students from different colleges have participated in this competition. The entries were collected from 25/11/21 to 27/11/21 through whatsapp. E certificate was provided for the winners.

Poster writing competition

Topic : National Integration

Winners :

1. Sreelakshmi K R (St. Alphonsa High School Vakakkad)

2. NC2 Athira R (Gov college kottayam)

COMMUNAL HARMONY CAMPAIGN WEEK (NOV 25 2021)

National Integration is the feeling of togetherness and unity among the people of a country irrespective of caste, religion, culture and tradition. In accordance with the Communal Harmony Campaign Week, **NCC NAVAL SUBUNIT GOVT COLLEGE KOTTAYAM** conducted a webinar talk which was lead by Ex NCC Cadet Sanisha V P (MA Political Science)via google meet on 25 th November 2021 on the topic NATIONAL INTEGRATION.Around 45 Naval cadets of Govt. College Kottayam has participated in the webinar.The meet was hoisted by NC1 Sathisha VP,First and second year cadets shared their reviews in the meet and program was concluded with vote of thanks by CC Fathima Bind Abdul Kadir.

TREE PLANTATION (26/11/2021)

"Study nature, love stay close to nature, it will never fail you"

As a part of NCC DAY CELEBRATIONS Naval Cadets of Government College Kottayam conducted tree plantation. 12 Naval Cadets together planted saplings. The program was lead by Cadet Captain Fathima Bind Abdulkadir under the guidance of ANO, Sub.Lt Sanal Raj.

ARMED FORCES FLAG DAY (7/12/2021)

In accordance with Armed Forces Flag Day, the NCC NAVAL SUBUNIT OF GOVERNMENT COLLEGE KOTTAYAM conducted a letter writing competition. "GRATITUDE TO THE WARRIORS"._26

entries were collected from 6/12/2021 to 8/12/2021 via whatsapp. The results of the competition were announced by Prof. Dr Jalson Jacob of English department Government College Kottayam. One month recharge was provided for the winner.

WINNERS :

1. Anju Alexander (2nd year BA English, Govt. College Kottayam)
2. NC2 Vandana Prasad (1st year Zoology Govt. College Kottayam)
3. NC2 Anamika Ajith (1st year Zoology Govt College Kottayam)

HOMAGE FOR BRAVE HEARTS(10/12/2021)

NCC Naval Cadets of Govt. College Kottayam bestowed homage with a great grief to the late CDS General Bipin Rawat and to all the precious souls we lost on 8th December 2021. Cadets lit candles at college at 6.30pm in the college campus in the presence of Dr. R Pragash (Principal, Govt. College Kottayam), ANO Sub Lt. Sanal Raj, Lt. Sanoop Salam T.A (ANO, NCC Army Wing, Govt. College Kottayam).

Activity was lead by Cadet Captain Fathima Bind Abdul Kadir. Cadets and Non-cadets of Govt. College Kottayam proffered their condolences by lighting candles at campus. The rest of the cadets also lit candles at home in respect of the deceased ones

NATIONAL YOUTH DAY & YOGA ,MEDITATION 12/1/2022

The power is within you, you can do anything and Everything Swami Vivekananda the key figure in introduction of the Indian darsanas

(Teachings practices) of Vedananta and Yoga to the western world and is credited with Raising interfaith awareness bringing Hinduism to the status of a major world religion during late 19th century .The National youth festival is held every year to commemorate the birth anniversary of the Most extra ordinary youth leader swami Vivekananda on 12th January.

In accordance with celebrating National Youth Week from 12/1/2022 to 16 /1/2022,cadets of NCC NAVEL SUBUNIT GOVT COLLEGE KOTTAYAM Engaged in Yoga and Meditation from their homes .The activity was completed by making collage of all yoga posture done by cadets

[VIDEO PRESENTATION 13/1/2022](#)

"Words can inspire, And words can destroy. Choose yourself well". To Commemorate birth anniversary of swami Vivekananda the chief disciple of 19th century who contributed the concept of nationalism In colonial India national youth week is celebrated on 12th January .In accordance with Celebrating national youth week frim 12/1/2022 to 16/1/2022. NCC Naval Sub Unit Government College Kottayam Published a video Including Great Quote'sof swami Vivekananda

NATIONAL YOUTH WEEK

SPORTS AWARENESS VIDEO PRESENTATION 15/1/2022

GOLD medals aren't really made of gold. They are made of sweat, determination and a hard to find alloy called guts. The National youth festival is held every year to commemorate the Birth anniversary of famous leader SWAMI VIVEKANATHA on 12th January. In accordance with Celebrating national youth week from 12/1/2022 to 16/1/2022 NCC Naval Sub Unit Government College Kottayam Published A Video that shows importance of Ingenious sports Of India. The video will aware the Youth About The Benefits and variety sports in India.

VIDEO PRESENTATION OF CLASSICAL DANCE 17/1/2022

Dance is the hidden language of the Soul of the body. The national youth festival is held every year to commemorate the birth anniversary of famous leader Swami Vivekananda on 12th January. In accordance with celebrate national youth week from 12/1/2022 to 16 /1/2022 NCC Naval Sub Unit Government College Kottayam organised a cultural programme with theme "EK BHARAT SHRESTHA BHARAT".NAVAL NCC Cadet POC Kavya R Menon Presented a Classical dance video and this is to promote Indian culture and also inculcate a sense of Responsibility towards Nation Building Amongst The Cadets.

REPUBLIC DAY

Since 1950 we celebrate January 26 As Republic day. To Commemorate the spirit of Independent India. The day also

commemorates the Indian Citizens Power To Chose their Government Democratically. It was on This day 1930 Indian National Congress Proclaimed PURNA SWARAJ . We the cadets of NCC Naval Sub Unit Government College Kottayam is Celebrating India's 73rd Republic Day
RES REPUBLICA

Video Presentation Based On History Of Republic Of India

https://www.instagram.com/tv/CZLgVzvoGYb/?utm_medium=copy_link

WEBINAR ON- *"PREVENTION AND CONTROL OF CANCER"*

10 million people die from cancer every year. At least one third of common cancers are preventable. Cancer is the second-leading cause of death worldwide. World Cancer Day is an international day marked on 4 February to raise awareness of cancer and to encourage its prevention, detection, and treatment.

To create an awareness to the Students and faculty of Government College kottayam, a webinar was conducted on the topic "Prevention and Control of Cancer" by Dr. Babu Mathew, professor Of Community Oncology, RCC, Trivandrum. The programme is co-ordinated by Women's Cell, NSS, NCC Army, NCC Navy, Jeevani Centre and Dept. Of Zoology . All the Cadets, volunteers and students of afore mentioned organizations were participated in the webinar via Google meet on 06/02/2022 Sunday, 7 PM. During the session, the host, Dr. Babu sir

said "we should avoid cancerous substances from our life or atleast reduce the exposure of those from us".